NAV LOG FOR VH - STAGE /

SARTIME:

FREQ OR IDENT	PSN	LSA	FL/ALT	TAS	TRK	WIND	HDG	G/S	DIST	ETI	PLN EST	REV EST	ATD/ATA	CTAF
ALTN:														

NOTES:

AERODROME				
NAME:				
ELEV:				
O/FLY				
CCTS				
FREQUENCY				
Runway				
Heading				
X-Wind Runway				
X-Wind Heading				

FUEL LOG - Endurance (Mins)

Left	Right	Total	Time

Fuel Calculation	Minutes	Litres	KG's
Taxi Fuel			
Trip Fuel			
Alternate Fuel			
Sub Total			
Variable Reserve			
Fixed Reserve			
Holding			
Additional Fuel			
Fuel Required			
Fuel Margin			
Endurance			

Sling Fuel Burn: 18/HR

Weights

Passenger/Cargo	Fuel	Total

Max TOW	Over/Under
600KG	

Departure		Waypoint chk		
_____	C - Verify Compass	_____	_____	
_____	L - Log times	_____	_____	
_____	E - Engine: T'S AND P'S	_____	_____	
_____	A - Correct Altitude?	_____	_____	
_____	R - Radio: Correct frequency?	_____	_____	
		_____	_____	
_____	O - Orientation	_____	_____	
_____	F - Fuel:Check quantity?	_____	_____	
_____	F - Forced Landing: Location?	_____	_____	

Speed vs distance estimates	
G/S	10nm TI
130	4/5 mins
120	5 mins
110	5/6 mins
100	6 mins
90	6/7 mins
85	7 mins
80	7/8 mins
75	8 mins